



Our mission is to improve mental health outcomes for struggling Moms and families in the KC Metro area by transforming cluttered homes and creating functional spaces to meet the unique needs of each family.

At All For Moms, we are driven to create connections with moms and families in the community. Since 2022, we have taken part in a wide range of activities that empower individuals and create a stronger family unit within the home. We strive to build productive relationships and make a positive impact with each mission.

Our Founding Story



Starting in 2022 from a shared belief about the pressures on moms, All For Moms began with a small group of compassionate women led by founders Allie and Katie. They met through a shared interest in volunteering and working together to support mothers in need.

Allie Lohman, CEO (right) allie.lohman@allformoms.com

Katie Warner, COO/Vice-President (left)

katiewarner@allformomsfoundation.org

What We Do

We assist stressed Moms facing challenges impacting family and home tasks. Clients receive services like needs assessment, home environment reset plans, and mental health resources.

Who We Serve

Mothers with Kids at Home: New mothers, Mothers with grown children, Bereaved mothers, Foster moms, Step-moms & blended families

Families: Children and spouses are an important component to our outreach. We focus on all members of the family.

Special Needs Individuals: We are proud to partner with community organizations to improve conditions for special needs family members.

Our Programs

Mama Missions



Our program aims to help struggling families with a fresh start at home. There are no financial requirements, and each mission lasts about 8 weeks, culminating in a "Mission Day." Applications are accepted for families meeting specific criteria.

- Mothers with children living at home, or have recently experienced pregnancy but do not have living children yet.
- Living in a home with no plans to move within 60 days
- The condition of the home is causing stress, and the family has exhausted the ability to resolve this on their own
- The home is structurally sound and free of infestation or biohazard (we partner with a pest company and can assist here, if needed)
- The entire family is willing to have a team of volunteers work within their home & is ready for a change in their lives

Learn more about missions and how to apply at allformomsfoundation.org/apply

Free Therapy



We've partnered with BetterHelp to provide 6 months of free therapy to each person in the household 13 years and older.

Learn more about this partnership and how to apply at allformomsfoundation.org/betterhelp

How to Help



Donate Funds

Every dollar donated supports our volunteer-based charity with missions costing an average of \$1,000 each, covering both purchased and donated supplies.

Learn more about donating at allformomsfoundation.org/donate



Volunteer

Sign up for individual missions (4-hour time commitment) and join our village to hear about new volunteer opportunities. We welcome all volunteers aged 16+.

Learn more about joining our village allformomsfoundation.org/volunteer



Donate Goods

Choose from our most needed items on our Amazon Wish List, or drop off items from our local donation list.

View our [Amazon Wishlist](#)

All for Moms Foundation

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